

MyWay Pedal

Explore a new world of improved strength and function

**Supporting Children** 

# A new world of strength and function

Attaching to the size 2 and 3 MyWay frame, **MyWay Pedal** elliptical trainer is ideal for giving on-the-go kids the opportunity to be active, have fun and join in with their friends.

TARGETS AND STRENGTHENS ANTI-GRAVITY MUSCLES, IMPROVING FUNCTION

- Pedalling in an upright extended position works calf, quads and hamstring muscles
- Unlike a trike which encourages a flexed position, the upright position of MyWay Pedal ensures the quads are worked exactly where strength is often lacking - at the end of range
- This will reduce the risk of hip and knee contractures developing and limit the potential for deterioration in standing and walking ability

### WHO IS MYWAY PEDAL FOR?

- Children with CP and other similar conditions
- GMFCS levels II-IV
- Useful following Botulinum Toxin Treatment, Selective Dorsal Rhizotomy (SDR) and lower limb surgeries
- Existing and new MyWay users



#### ELLIPTICAL ACTION MORE ..... LIKE STEPPING, SUPPORTING GAIT THERAPY GOALS

- Provides a sensori-motor experience similar to gait
- Unlike the circular motion of cycling, the elliptical pedalling of MyWay Pedal gives an extended stretch of the lower limbs as it involves a longer forwards/ backwards movement rather than an up/down movement
- Improves loading around the hip to aid joint development

# CHART PERFORMANCE AND ...... MOTIVATE THE CHILD WITH THE LECKEY CONNECT APP

- Valuable way to measure performance and progress on a child's speed, distance and duration of elliptical pedalling
- Available on Android Smartphone, tablet and Leckey online portal





Download the Leckey Connect App from the Google Play Store today- search 'Leckey Connect'



### **Meet Eli**

"After 6 weeks of using MyWay Pedal he went from standing for 20 seconds with hands held to 48 seconds."

"He has managed to descend stairs by stepping instead of on his bottom for the first time!"

Visit our website to read Eli's MyWay Pedal case study in full - leckey.com

### **MyWay Size Guide**

Frame Size	2	3
Age (approx.)	4-11	9-16
User Shoulder Height (to floor) (mm) (Using MyWay Pedal)	870-1190	1070-1490
User Saddle Height (inside leg) (mm)	400-610	550-810
Max. User Weight (kg)	50	80
Frame Weight (kg)	6.5	9.5
Upper Support Unit Weight (kg)	10.5	11
Frame Width (mm)	670	720
Frame Length (mm)	850	1100

Please note, MyWay Pedal is not available for MyWay Size 1 frame.

Harness Size	1	2	3	4	5	6
Age (approx.)	1-4	2-6	5-9	8-12	12-15	Up to 16
Waist at Navel Level (cm)	46-56	50-60	55-65	60-70	70-80	80-90
Max. User Weight (kg)	50	50	50	80	80	80
Colour	Purple	Green	Blue	Red	Orange	Grey

## To arrange a product demonstration/assessment or for more information, please contact us:

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