passive | motor-assisted | active resistive

## **Product Overview**





### MOTOmed Innovations

### 1 MotivationProgram MOTOmax (page 4, 14, 20)

The new exciting MotivationProgram MOTOmax trains coordination, concentration and muscle strength simultaneously.

The user's performance is rewarded with a smile, jumps for joy and champion points. >> physical and mental fitness for more motivation during the training



MOTOmax / MOTOmaxi

### 2 Therapy Programs (page 4, 14, 20)

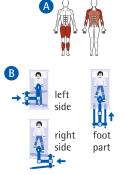
Every person, especially every indication is individual. The new therapy programs allow for targeted support of the therapy progress: There is a choice of therapy programs suitable for different indications and therapy goals. We are offering 13 programs as standard that are all developed in accordance to aspects of sports sciences and physical therapy.

The \*expert mode allows to edit preset programs and even to create new ones. >> effective and individual

### 3 MOTOmed letto2\_leg/arm (page 20, 21)

A unique MOTOmed option for patients confined to bed:

- A For leg and arm/upper body training:
  Whole body training in supine position: Movement therapy for leg and arm/upper body. The foot shells and handles can be switched within seconds without any tools.
- **B** Can be used from 3 bedsides: Enables an effective therapy independent from the size of the bed.



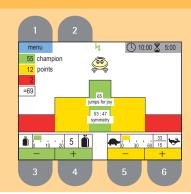
### 4 MOTOmed viva 2\_duplex (page 25)

Regulate the blood pressure in a natural way – therapy for high blood pressure

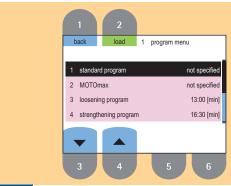
The MOTOmed viva2\_duplex enables an effective endurance and cardiovascular training. Simultaneous leg and arm/upper body training activates up to 80% of the skeletal muscles. This whole body workout positively affects the cardiovascular system and can help to regulate blood pressure, blood sugar and lipid values similar to medication treatment.

### MOTOmed viva2\_Parkinson (page 24)

USA scientist discovered that passive cycling at high cadence can reduce Parkinson's symptoms like tremor and rigor about more than 30%. According to these finding the new MOTOmed viva2\_Parkinson has been developed in cooperation with the US scientists. Due to its special components the MOTOmed viva2\_Parkinson is the only motor-assisted therapy device that allows a passive speed of up to 90 rounds per minute and features special therapy programs for Parkinson's patients. That provides Parkinson's patients a simple option to benefit from » Forced Exercise« without any assistance.



MotivationProgram MOTOmax



2 Therapy Programs



MOTOmed letto2\_leg/arm



4 MOTOmed viva2\_duplex



MOTOmed viva2\_Parkinson

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### **Useful Information ...**

The descriptions of the basic models and the recommended configurations shall help you to find the movement therapy device suitable for your individual needs.

These guidelines for accessory selection are to assist you in choosing the **most suitable accessories** for your individual requirements. If you have any questions, please call us or send us an e-mail to **info@motomed.com** (please see back page for full contact information).

In case of special requirements, additional **special accessories** are available or we can **adapt our products** to your needs. Please contact us with any special requirements.

### MOTOmed Movement Therapy: passive | motor-assisted | active resistive

#### Basic model:

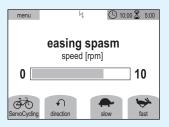
MOTOmed viva 2 with large user friendly operating panel, safety foot shells and handlebar.

item no. 200





operating panel with large, palpable buttons and color screen



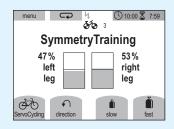
### MovementProtector & SpasmControl

The safety software monitors the muscle tone during the training, detects and eases spasms according to the therapeutic principle of the antagonistic inhibition.



## ServoCycling & active training

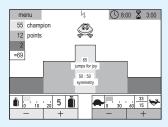
ServoCycling (motor-assisted training) allows users to build up residual muscle strength. The resistance levels can be finely adjusted in 20 gears, depending on the individual fitness level



#### **SymmetryTraining**

Graphic analysis of right and left leg or arm activity during the active training.

Muscle strength, endurance, coordination and concentration are trained simultaneously.



### MotivationProgram MOTOmax

The new exciting
MotivationProgram MOTOmax
increases motivation and
fun. Muscle strength,
coordination and concentration
are trained simultaneously.
You are rewarded with a smile,
jumps for joy and champion
points.



#### Therapy programs

There are 13 therapy programs available as standard, sorted by indication, therapy goals and specialty fields. Programs can be edited according to the individual condition and fitness level.



#### **Detailed Biofeedback**

Simple, large and clear view of the main training values. This enables the user to monitor the progress of the training and therefore to optimize the individual benefits.



### Training analysis after the training

Up to 30 significant training results are automatically saved and displayed after the training. Additionally there is a training summary of all training sessions.



## Language option – 27 different languages

There are 23 literary and 4 picture languages: Arabic, Chinese, Croatian, Czech, Danish, Dutch, English, Finnish, French, German, Greek, Hungarian, Icelandic, Italian, Japanese, Korean, Norwegian, Polish, Portuguese, Romanian, Russian, Slovakian, Slovenian, Spanish, Swedish, Turkish, Serbian.

Accessories MOTOmed viva2 see page 7-13 and 26-31



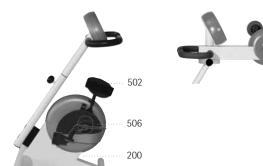
The MOTOmed viva2 complies with the European guidelines 93/42/EWG (appendix II).

#### Further standard features:

- MOTOmed SmoothDriveSystem
- passive speed from 0 to 60 rpm
- motor power adjustable in levels from 1 to 10
- therapy time preset from 0 to 120 minutes
- insertion aid with safety stop
- gentle start and stop

- automatic self-test system
- two-stage pedal radius adjustment (7 and 12.5 cm / 2.8 and 4.9 in.)
- mobile with large castors (diameter 13 cm / 5.1 in )
- whisper quiet, gentle and harmonious motion
- all-metal design, top quality and stability
- telescopic foot for high stability

#### Recommended accessories:



	502		sic uration	comfort configuration			
	200	leg trainer	leg + arm trainer	leg trainer	leg + arm trainer		
200	<ul> <li>MOTOmed viva 2</li> <li>incl. safety foot shells and handlebar</li> <li>incl. operating panel with large, user friendly color screen and large, palpable buttons</li> </ul>	•	•	•	•		
502	Leg guides with calf shells (pair)	•		•	•		
250	Arm/upper body trainer, passive and active				•		
202	4-Segment-CoordinationProgram		0 0 0 0 0 0 0 0 0 0	•	•		
275	»Pulse Control Cardio16« incl. pulse measure with ear clip		0 0 0 0 0 0 0 0 0 0 0 0 0	•	•		
230	Training Analysis Program MOTOmed sam2 incl. chip card system			•	•		
506	Self-operating foot holders (pair)			•	•		



Hint: Contact us for further information about individual configurations according to your personal indication.

### **MOTOmed viva1**

### MOTOmed Movement Therapy: passive | motor-assisted | active resistive

#### Basic model:

MOTOmed viva1 incl. safety foot shells

item no. 500 + 501



Let the MOTOmed move your arms or legs or pedal by yourself.

Ideal for pleasant daily movement therapy at home.



The MOTOmed viva1 complies with the European guidelines 93/42/EWG (appendix II).

- MOTOmed SmoothDriveSystem
- MOTOmed MovementProtector
- SpasmControl with automatic chance of direction
- »ServoCycling « for training residual muscle strength
- active training with resistance levels from 1 to 12
- SymmetryTraining for the leg trainer
- passive speed from 0 to 60 rpm
- motor power adjustable from 1 to 15 Nm
- therapy time preset from 0 to 120 minutes
- insertion aid with safety stop
- gentle start and stop
- display of training data
- automatic self-test system
- remote control with display
   (see figure on the right, size of the display:
   65 x 12.5 mm / 5.6 x 4.9 in.)

- two-stage pedal radius adjustment
   (7 and 12.5 cm / 2.8 and 4.9 in.)
- mobile with large castors (diameter: 13 cm / 5.1 in.)
- whisper-quiet, gentle and harmonious motion
- all-metal design, top quality and stability
- telescopic foot for high stability



Accessories for MOTOmed viva1 see page 7-13 and 26-31

Re	ccor	nended accessories for basic use:	leg trainer	leg + arm trainer
	00	MOTOmed viva 1 • incl. features ServoCycling, MovementProtector, SpasmControl,	•	•
+		Training Analysis, foot insertion aid and SymmetryTraining for the leg trainer		
50	01	Safety foot shells	•	•
50	02	Leg guides with calf shells (pair)	•	•
50	04	Handlebar incl. remote control rest (supporting module included)	•	
5!	50	Arm/upper body trainer passive and active		•

## MOTOmed viva 2 / viva 1 - Accessories for the Leg Training

		MOTOmed
501	Safety foot shells (pair, incl. pedal crank)  metal-built foot shells, extra stable comfortably padded, warm, and with slip-proof large safety side panel to cover the pedal crank feet can be fastened by fleecy straps around the ankle (toe straps available upon request) foot shell width: 12.5 cm / 5 in., length: 24.3 cm / 9.7 in. pedal radius can be adjusted in two levels, 7 and 12.5 cm / 2.8 and 4.9 in.	incl. in the base price viva
502	Leg guides with calf shells (pair)  guide the legs and hold them safely spring-mounted calf shells fit comfortably around the calves fleecy straps for comfortable fastening flexibly mounted and height adjustable (9 to 16 cm / 3.6 to 6.3 in.)	
302	Leg guides with calf shells, foldable lower part (pair)  • lower part of the leg guide can be folded down please see item no. 502 for detailed description	
503	Leg guides with plastic calf shells, large (pair)  I large supporting piece spring mounted calf shells fleecy straps for comfortable fastening flexibly mounted and height adjustable (9 to 16 cm / 3.6 to 6.3 in.)	•
506	<ul> <li>Self-operating foot holders (pair)</li> <li>soft foam rollers fix the feet gently and securely</li> <li>safety lock for a firm hold even during strong spasms</li> <li>for inserting and removing feet quickly and easily without any extra help</li> </ul>	•
<b>507</b> 507N	Pedal radius quick adjustment (pair) Retrofit kit: pedal radius quick adjustment  for exact adjustment of the pedal radius  adjustable in 4 levels (5 / 7.5 / 10 / 12.5 cm, 2 / 3 / 4 / 5 in.)  recommended for patients with joint stiffness (contractures) and spasms	

## MOTOmed viva 2 / viva 1 - for the Leg Training

item no	description / features	Viva 2	omed
<b>504</b> 504N	Handlebar with remote control rest (incl. supporting module) Retrofit kit: handlebar with remote control rest • for holding on to during training • for simple moving of the MOTOmed • individually and ergonomically adjustable without tools • with integrated, easily accessible remote control rest (already included in item no. 550)	incl. in the base price	ŲA •
<b>505</b> 505N	Remote control rest (incl. supporting module) Retrofit kit: remote control rest  • the remote control can be collected and deposited easily  • for an easy access to the remote control during the training (already included in item no. 504 and 550)		•
152	Plastic coated safety foot shells (pair, incl. pedal crank)  • recommended for clinical use  • for better cleaning and disinfection  • stable metal built foot shells, completely coated with soft plastic  • extra high safety side panel to cover the pedal crank  • fleecy straps for comfortable fastening  • pedal radius can be adjusted in two levels,  7 and 12.5 cm / 2.8 and 4.9 in.	•	
158	Plastic safety foot shells (pair, incl. pedal crank)  made of plastic, with a stable metal suspension  extra high safety side panel to cover the pedal crank  for better cleaning and disinfection  fleecy straps for comfortable fastening  pedal radius can be adjusted in two levels,  and 12.5 cm / 2.8 and 4.9 in.  (cannot be combined with item no. 556 and 568)	•	
501K	Pediatric safety foot shells (pair, incl. pedal crank)  metal built foot shells, extra stable  comfortably padded and slip-proof  fleecy straps for comfortable fastening  foot shell width: 9.5 cm / 3.8 in., length: 21.4 cm / 8.4 in.  pedal radius can be adjusted in two levels,  7 and 12.5 cm / 2.8 and 4.9 in.  without side panel	•	
502K	Pediatric leg guides with calf shells (pair)  - guide the legs and hold them safely  - spring-mounted calf shells fit comfortably around the calves  - fleecy straps for comfortable fastening  - flexibly mounted and height adjustable (8.5 to 13 cm / 3.4 to 5.1 in.)	•	•

item no. description / features





250 Arm/upper body trainer, passive and active

(instead of basic handlebar)

250N Retrofit kit: arm/upper body trainer, passive and active

(incl. telescopic front leg)

Special feature: can be swiveled in and out of the training area: provides most convenient leg room during arm training and can be swiveled to the back for comfortable leg training.

- incl. swiveling handlebar for leg training
- for active and passive training of the arm, shoulder and back muscles
- incl. SymmetryTraining and MotivationProgram MOTOmax
- designed for high stability (telescopic foot)
- ideal training height can be adjusted without tools



Arm/upper body trainer, passive and active

Retrofit kit: arm/upper body trainer, passive and active (incl. telescopic front leq)

Special feature: can be swiveled in and out of the training area: provides most convenient leg room during arm training and can be swiveled to the back for comfortable leg training.

- incl. supporting module, remote control rest and swiveling handlebar for leg training
- for active and passive training of the arm, shoulder and back muscles
- high stability (telescopic foot)
- ideal training height can be adjusted without tools (item no. 504 and 505 are already included)



218 Arm/upper body trainer, active

(instead of basic handlebar)

218N Retrofit kit: arm/upper body trainer, active (incl. telescopic front leg)

- incl. swiveling handlebar for leg training
- for active training of arm, shoulder and back muscles
- manually adjustable mechanic resistance levels
- can be swiveled in and out of the training area
- setting the ideal training height without any tools
- Attention: no connection to the MOTOmed viva2 display and no feedback available



518 Arm/upper body trainer, active

518N Retrofit kit: arm/upper body trainer, active (incl. telescopic front leg)

- incl. supporting module, remote control rest and swiveling handlebar for leg training
- for active training of the arm, shoulder and back muscles
- manually adjustable mechanic resistance levels
- can be swiveled in and out of the training area
- ideal training height can be adjusted without tools (item no. 504 and 505 are already included)

	item no.	description / features	Viva 2 Viva 1
1	507A	<ul> <li>Pedal radius quick adjustment (arm training)</li> <li>for exact adjustment of the pedal radius</li> <li>adjustable in 4 levels (5 / 7.5 / 10 / 12.5 cm, 2 / 3 / 4 / 5 in.)</li> <li>recommended for patients with joint stiffness (contractures) and spasms</li> </ul>	
	554	Synchronized arm/upper body training with quick switch to the standard option  • both arms are bent or stretched synchronically (same principle as with hand bikes)  • quick change to standard pedals without tools  (cannot be combined with item no. 507A; no correct feedback of the SymmetryTraining, 4-Segment CoordinationProgram, MotivationProgram MOTOmax, and analysis)	
	555	<ul> <li>Tetra handles (pair)</li> <li>for simple positioning and fixation of the arms without assistance</li> <li>flexible adjustment of the wrist support</li> <li>particularly suitable for quadriplegics and for stroke patients (handles similar to hand bikes)</li> </ul>	• •
G Jana	244	Tetra double handles (pair) - additional stability by double handles see item no. 555 for detailed description	• •
	557	Vertical handles with hand rests (pair)  • for users who can hold themselves moderately  • slip-proof coating	• •
	563	Tilting vertical handles with hand rests (pair)  • flexible to the right and to the left see item no. 557 for detailed description	• •
	567	<ul> <li>Hook grip (piece)</li> <li>simple and quick fixation of the paralyzed (weak) hand to the arm trainer or to the handlebar</li> <li>recommended for users with restricted grasp function</li> </ul>	

	item no.	description / features	Viva 2	Omed	
	562	<ul> <li>Hand fixation with wrist cuffs (piece)</li> <li>simple and quick fixation of the paralyzed (weak) hand to the arm trainer, the handlebar or to various hand grips</li> <li>recommended for users with limited grasp function</li> </ul>	•	•	
	552	<ul> <li>Forearm shells with hand rests (pair)</li> <li>ergonomically designed, with soft padding</li> <li>laterally movable in order to adjust to the natural movement of the forearm</li> <li>standard order includes ball-shaped hand rests (item no. 558), alternatively also another grip from the grip range (see below, item no. 559 or 560) can be selected and attached free of charge</li> </ul>	•		
	556	<ul> <li>Forearm shells with arm cuffs (pair)</li> <li>ergonomically designed, with soft padding</li> <li>firmly fasten and guide the arms, suitable for strong paralysis, with padded arm cuffs</li> <li>laterally movable in order to adjust to the natural movement of the forearm</li> <li>various sizes available (S-small, M-medium, L-large, XL-extra large, please indicate the size with your order)</li> <li>standard order includes cross grip (item no. 560), alternatively another grip from the grip range (see below, item no. 558 or 559) can be selected and attached free of charge</li> </ul>			
	367	Forearm shells for finger spreading (pair)  designed for firm fixation of the wrist and forearm  fingers and thumbs are fixed  supports finger spreading  made out of plastic for better disinfection  recommended for users with high muscle tone and paralyzed hand or fingers  available sizes: S= small, M=medium, L=large; please indicate the size with your order (e.g. 367 size M)			
6/1	558	Grip range for forearm shells 552 and 556  - All grips are adjustable  Ball-shaped hand rests (pair)	•		
558 559 560	559	<ul> <li>designed for supporting hands or fingers</li> <li>Vertical hand grips (pair)</li> <li>for vertical hand position</li> </ul>	•		
	560	Cross hand grip, standard (pair)  for horizontal hand position	•		
+15 cm 5.9 in.	561	Horizontally extended and swiveling arm/upper body trainer, small front leg included, extended in width and length  15 cm / 5.9 in. extended arm trainer  suitable for users with large wheelchairs and wheelchairs with a rigid foot board  can be swiveled in and out of the training area  handlebar for leg training included	•		

**MOTOmed** item no. description / features Telescopic and swiveling arm/upper body trainer, small front leg included, extended in width and length can be adjusted in length (10 cm / 4 in.) towards the user, no tools required • enables to train the arms actively during regular leg training can be swiveled in and out of the training area handlebar for leg training included Telescopic arm/upper body trainer - can be adjusted (cannot be swiveled) in length (10 cm / 4 in.) towards the user, no tools required • enables the patient to train the arms actively during regular leg training MOTOmed viva 2 / viva 1 - Accessories Wheelchair stabilizer recommended for strong spasms supports the wheelchair: no tilting or sliding backwards for all common wheelchairs • with padded covering for the wheelchair grips Belt stabilizer comfort Retrofit kit: belt stabilizer comfort 308N incl. telescopic front leg incl. releasing aid • can easily be affixed from the wheelchair no assistance necessary • suitable for different wheelchair models (cannot be combined with item no. 540) Chair fixation with stabilizer recommended for users with spasms and for arm/upper body training supports the chair and the MOTOmed so that it cannot tilt or slide • the distance toward the MOTOmed is adjustable from 0 to 40 cm / 0 to 16 in. • for all customary chairs with a front chair leg diameter of 3.2 cm / 1.3 in. Chair fixation with belt avoids the chair from moving backwards distance to the MOTOmed individually adjustable suitable for chairs up to a leg diameter of 3.2 cm / 1.3 in.

## MOTOmed viva 2 / viva 1 - Accessories

		МОТО	)med	
 item no.	description / features	viva2	viva1	
<b>540</b> 540N	Flat stand Retrofit kit: flat stand  • improved access for sport and electric wheelchairs as well as for wheelchairs with rigid foot board (cannot be combined with item no. 308 and 536)  (if ordered with item no. 561 or 564, flat stand comes in extended width, may be more difficult for a wheelchair to roll onto)	•		
536	Height adjustment from 7 to 15 cm / 2.8 to 5.9 in. (front and rear)  • the pedal pivot can be adjusted in height and distance to suit the user  • specifically for people with short legs and for children  • improved access for sport and electric wheelchairs as well as for wheelchairs with rigid foot board (cannot be combined with item no. 540)			
537	Floor plate (steel)  • increases the standing weight and floor adherence of the MOTOmed  • floor plate is mounted to the device  • for users with very strong spasms (for the basic model MOTOmed viva1 only available in combination with item no. 505, 504 or 550)			
534	Ankle joint control with fix bar scale (pair)  • for a specific adjustable motion of the ankle joints (dorsal and plantar flexion)  • left and right leg options are independently and individually set  • prevention and treatment of edema  • recommended for prevention of talipes equinus (drop foot) and thrombosis  • intensive stimulation of the circulation through the calf muscle pump			
538	Ankle joint control with expanders (pair)  adjustment of ankle joint movement and range of motion by expanders  see item no. 534 for detailed description		•	
522	<ul> <li>Knee bending aid, leg guides with calf shells included</li> <li>required when training in supine position</li> <li>prevents overstretching and blocking of knee joints</li> <li>knee support on both sides individually adjustable</li> <li>also applicable with very strong spasticity</li> <li>specific calf shells stabilize the weight of the legs</li> </ul>			

### MOTOmed gracile - for Children and Small Adults

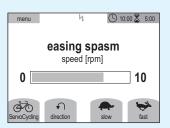
### MOTOmed Movement Therapy: passive | motor-assisted | active resistive

#### **Basic model:**



MOTOmed gracile 12 distance between the foot shells only 12 cm / 4.8 in.

item no. **594** 



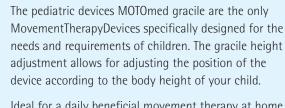
### MovementProtector & SpasmControl

The safety software monitors the muscle tone during the training, detects and eases spasms according to the therapeutic principle of the antagonistic inhibition.



MOTOmed gracile 5-15 distance between the foot shells adjustable from 5-15 cm / 2-5.9 in.

item no. 592



Ideal for a daily beneficial movement therapy at home and for use at hospitals, schools and pediatric centers.

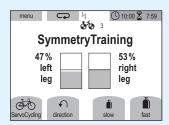


The MOTOmed gracile complies with the European guidelines 93/42/EWG (appendix II).



## ServoCycling & active training

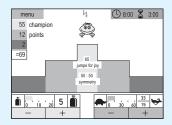
ServoCycling (motor-assisted training) allows users to build up residual muscle strength. The resistance levels can be finely adjusted in 20 gears, depending on the individual fitness level.



### SymmetryTraining

Graphic analysis of right and left leg or arm activity during the active training.

Muscle strength, endurance, coordination and concentration are trained simultaneously.



### MotivationProgram MOTOmax

The new exciting
MotivationProgram MOTOmax
increases motivation and
fun. Muscle strength,
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are trained simultaneously.
You are rewarded with a smile,
jumps for joy and champion
points.



#### Therapy programs

There are 13 therapy programs available as standard, sorted by indication, therapy goals and specialty fields. Programs can be edited according to the individual condition and fitness level.



#### **Detailed Biofeedback**

Simple, large and clear view of the main training values. This enables the user to monitor the progress of the training and therefore to optimize the individual benefits.

### Distance between the foot shells in various widths (12 cm / 4.8 in. or 5-15 cm / 2-5.9 in.)

The small distance between the inner rims of the foot shells allows children with a very narrow leg and hip structure an optimal movement therapy.

## Training analysis after the training

Up to 30 significant training results are automatically saved and displayed on after the training. Additionally there is a training summary of all training sessions.

# Height adjustment of the pedal axle from 26 to 46 cm / 10.2 to 18.1 in. (from the ground)

The MOTOmed gracile is the first and most unique movement therapy device that provides simple and quick height alterations of the pedal axle with the foot shells to meet the needs and requirements of children. This is possible without tools in the shortest time. The gracile is adjustable to the body height of your child.

MOTOmed gracile accessories see pages 16-19 and 26-31

#### 27 different operation languages available:

There is a selection of 23 literary and 4 picture languages.

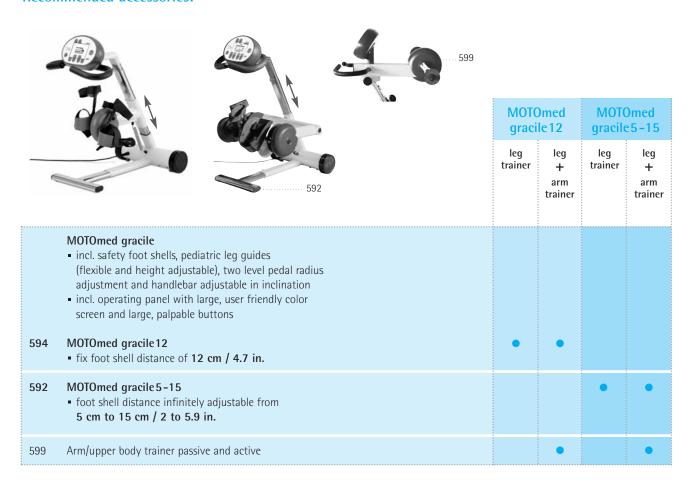
### MOTOmed gracile - for Children and Small Adults

#### Further standard features:

- MOTOmed SmoothDriveSystem
- passive speed from 0 to 60 rpm
- motor power adjustable in levels from 1 to 8
- therapy time preset from 0 to 120 minutes
- insertion aid with safety stop
- gentle start and stop

- two-stage pedal radius adjustment (3.5 and 7 cm / 1.4 and 2.8 in.)
- mobile with large castors (diameter 13 cm / 5.1 in )
- whisper quiet, gentle and harmonious motion
- all-metal design, top quality and stability
- telescopic foot for high stability

#### Recommended accessories:



### MOTOmed gracile - Accessories for the Leg Training

MOTOmed gracile item no. description / features Pedal radius quick adjustment for pediatric safety foot shells (pair) for exact setting of the pedal radius adjustable in 3 levels (5.5 / 8.5 / 10.5 cm, 2.2 / 3.4 / 4.1 in.) recommended for patients with joint stiffness (contractures) and spasticity (a combination with item no. 587, requires item no. 586) Self-operating foot holders (pair) soft foam rollers gently and securely fix the feet for a firm hold, even with strong spasticity • for inserting and removing legs quickly and easily without assistance. (cannot be combined with item no. 597) Height adjustment of the pedal axle with pneumatic spring easy and exact height adjustment with pneumatic spring recommended for facilities where children with different body heights are training on the MOTOmed **577** Ankle joint control (pair) to increase the blood circulation by activating the calf muscle pump • for an intense movement of the ankle joints • after adjusting the basic settings, no further adjustments are necessary • left and right leg options individually adjustable Adjustable side rim for pediatric safety foot shells (pair) • can be mounted to the outside of the pediatric safety foot shell prevents the foot from slipping to the side • foot shell rim can be rotated outward by 2 cm / 0.8 in. (cannot be combined with item no. 598) 152K Plastic coated pediatric safety foot shells (pair, incl. pedal crank) recommended for clinical use for better cleaning and disinfection stable metal built foot shells, completely coated with • fleecy straps for comfortable fastening without side panel

## MOTOmed gracile - Accessories for the Arm/Upper Body Training

		description / features	MOTOmed gracile
	<b>599</b> 599N	Arm/upper body trainer passive and active (instead of basic handlebar) Retrofit kit: arm/upper body trainer passive and active • incl. swiveling handlebar for leg training • can be swiveled into the training area for maximum leg room when training the arms and upper body • incl. SymmetryTraining and MotivationProgram MOTOmax • ideal training height can be adjusted without tools • pedal radius can be adjusted in two levels (3.5 and 7 cm / 1.4 and 2.8 in.)	
B	556K	<ul> <li>Pediatric forearm shells with arm cuffs (pair)</li> <li>firmly fasten and guide the arms, suitable for strong paralysis, with padded fleece mitts</li> <li>laterally flexible</li> <li>ergonomically designed, with soft padding, length: 22 cm / 8.7 in.</li> <li>different sizes available, standard size: S=small or XS=extra small upon request</li> <li>with a special cross grip for children</li> </ul>	
	555K	Pediatric tetra handles (pair) see page 10, item no. 555 for detailed description	
	557K	Pediatric vertical handles with hand rests (pair) see page 10, item no. 557 for detailed description	
	552K	Pediatric forearm shells with hand rests (pair) see page 11, item no. 552 for detailed description	

## MOTOmed gracile - Accessories for the Arm/Upper Body Training

item no	description / features	12 5-15
562K	Pediatric hand fixation with wrist cuffs (piece) see page 11, item no. 562 for detailed description	• •
567K	Pediatric hook grip (piece) see page 10, item no. 567 for detailed description	• •
519K	Handlebar adjustable in inclination for arm/upper body trainer  an ideal resting place for the weakened hand during key pad operation for arm/upper body trainer, passive and active (item no. 599) (cannot be retrofitted)	•
588A	Pedal radius quick adjustment (arm training)  • for exact setting of the pedal radius  • adjustable in 3 levels (5.5   8.5   10.5 cm, 2.2   3.4   4.1 in.)  • recommended for patients with joint stiffness (contractures) and spasticity	
MOTOmed gracile - A	Accessories for gracile12 / gracile5-15	
585	Pediatric safety foot shells (pair, incl. pedal crank)  metal built foot shells, extra stable  comfortably padded and slip-proof  foot shell width: 10.1 cm / 4 in., length: 21.7 cm / 8.6 in.  pedal radius can be adjusted in two levels (3.5 and 7 cm / 1.4 and 2.8 in.)  without side panel	incl. in the base price
545	<ul> <li>Pediatric leg guides with calf shells (pair)</li> <li>guide the legs and hold them safely</li> <li>spring-mounted, flexible calf shells fit comfortably around the calves</li> <li>fleecy straps for comfortable fastening</li> <li>flexible and height adjustable (8.5 to 13 cm / 3.4 to 5.1 in.)</li> </ul>	incl. in the base price incl. in the base price

## MOTOmed gracile - Accessories for gracile12 / gracile5-15

			MOTOmed gracile
	item no.	description / features	12 5-15
	<b>586</b> 586N	Safety foot shells for adults, gracile12 (pair, incl. pedal crank) Retrofit kit: safety foot shells for adults (pair, incl. pedal crank)  metal built foot shells, extra stable, comfortably padded and slip-proof feet can be comfortably fastened by fleecy straps  foot shell width: 12.5 cm / 5 in., length: 24.3 cm / 9.6 in.  pedal radius can be adjusted in two levels (3.5 and 7 cm / 1.4 and 2.8 in.) (a combination with item no. 588, requires item no. 587)	
	583	Safety foot shells for adults, gracile 5-15	•
	583N	<ul> <li>(pair, incl. pedal crank)</li> <li>Retrofit kit: safety foot shells for adults (pair, incl. pedal crank)</li> <li>metal built foot shells, extra stable, comfortably padded and slip-proof</li> <li>foot shell width: 12.5 cm / 4.9 in., length: 24.3 cm / 9.6 in.</li> <li>pedal radius can be adjusted in two levels (3.5 and 7 cm/ 1.4 and 2.8 in.)</li> </ul>	
	587	Flat stand (flat steel)  • improved access for sport and electric wheelchairs as well as for wheelchairs with rigid foot board	
	584	<ul> <li>Knee bending aid, leg guides with calf shells included</li> <li>required when training in supine position</li> <li>prevents overstretching and blocking of knee joints</li> <li>knee support on both sides individually adjustable</li> <li>specific calf shells stabilize the weight of the legs</li> </ul>	
	8K	Wheelchair stabilizer for children	
		see page 12, item no. 8 for detailed description	
1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	595	Race car segment handle • can be rotated (60°) (cannot be combined with item no. 599)	•
	596	Race car steering wheel - can be rotated (360°) - adjustable in height and inclination (a combination with item no. 599, requires item no. 519K)	

### **MOTOmed letto2 - in Supine Position**

### MOTOmed Movement Therapy: passive | motor-assisted | active resistive

#### **Basic model:**



MOTOmed letto 2 item no. 279



MOTOmed letto 2\_leg/arm item no. 280

The mobile MOTOmed letto2 devices for patients confined to bed. Can be positioned easily to the bed, locked into position and adjusted so that the patient does not have to be transferred.

It is an ideal adjunction to physical therapy, for initiating mobility, and for preventing contracture, decubitus or thrombosis. Provides support for the cardiovascular system, also for the use at intensive care units.

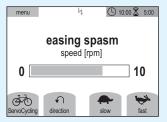


The MOTOmed letto complies with the European guidelines 93/42/EWG (appendix II).

### MOTOmed letto – pediatric version item no. 279K

MOTOmed letto 2\_leg/arm - pediatric version item no. 280K

The pediatric versions of the MOTOmed letto2 come with smaller foot shells and leg guides and a reduced distance between the pedals (14 cm instead of 21cm / 5.5 in. instead of 8.3 in.), according to the smaller hip structure of children.



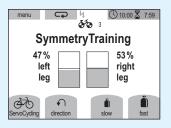
## MovementProtector & SpasmControl

The safety software monitors the muscle tone during the training, detects and eases spasms according to the therapeutic principle of the antagonistic inhibition.



## ServoCycling & active training

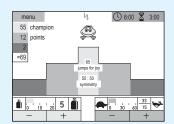
ServoCycling (motor-assisted training) allows users to build up residual muscle strength. The resistance levels can be finely adjusted in 20 gears, depending on the individual fitness level.



#### **SymmetryTraining**

Graphic analysis of right and left leg or arm activity during the active training.

Muscle strength, endurance, coordination and concentration are trained simultaneously.



## MotivationProgram MOTOmax

The new exciting MotivationProgram MOTOmax increases motivation and fun. Muscle strength, coordination and concentration are trained simultaneously. You are rewarded with a smile, jumps for joy and champion points.



#### Therapy programs

There are 13 therapy programs available as standard, sorted by indication, therapy goals and specialty fields. Programs can be edited according to the individual condition and fitness level.



#### **Detailed Biofeedback**

Simple, large and clear view of the main training values. This enables the user to monitor the progress of the training and therefore to optimize the individual benefits.

#### Further standard features:

- MOTOmed SmoothDriveSystem
- plastic coated safety foot shells, mounted with 5° vertical outward rotation each, for better disinfection
- selection of 27 operation languages
- simply fitted to the hospital bed
- adjustable in distance toward the patient
- remote stop button
- passive speed from 0 to 60 rpm
- motor power adjustable in levels, from 1 to 8
- therapy time preset from 0 to 120 minutes
- insertion aid with safety stop
- gentle start and stop
- automatic self-test system
- mobile with large castors (diameter 13 cm / 5.1 in)
- whisper quiet, gentle and harmonious motion
- all-metal design, top quality and stability

MOTOmed letto2 accessories see pages 22-23 and 26-31

### **MOTOmed letto2 - in Supine Position**

#### Following special accessories are included in the base price of the MOTOmed letto2\_leg/arm:

#### Chassis with ground fixation (4-Brake-Stop)

This ground fixation guarantees highest level of stability within seconds (operated by one foot pedal) – this secures a simple and especially very quick set up of the MOTOmed letto2\_leg/arm, independent from the bed or therapy chair.

### Knee bending adjustment (manually by crank handle)

The patient does not have to be transferred. The MOTOmed letto2\_leg/arm can be adjusted to the patient – even when the patient's feet/hands are already inserted.

#### Mounted bracket for accessory storage, for foot shells »TrainCare comfort« and handles/forearm shells

Space saving storage of the accessories.

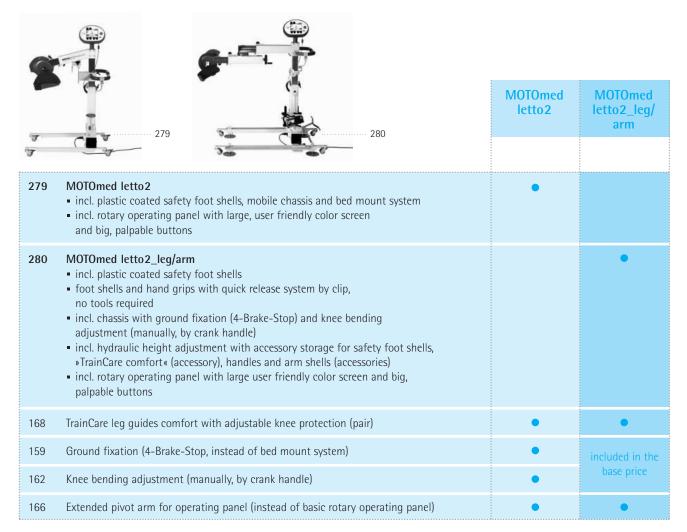
## Quick release clip system for foot shells and standard handles, no tools required

Foot shells can be replaced by hand pedals within seconds.

#### Hydraulic height adjustment

Simple height adjustment by foot pedal.

#### Recommended accessories:





Hint: Contact us for further information about individual configurations according to your personal indication.

## MOTOmed letto2 – Accessories

			МОТО	)med
	item no.	description / features	letto 2	letto 2_1/
	168	TrainCare leg guides comfort with adjustable knee protection (pair)  • holds and guides the legs safely, prevents unintentional lateral movement of the legs  • suitable for paralyzed and unconsciousness patients  • individual adjustment of the range of knee bending for both sides  • prevents the knee joints from overstretching and blocking  • fixation with Velcro straps	•	•
	159	<ul> <li>Ground fixation (4-Brake-Stop)</li> <li>secure and quick ground fixation by foot pedal</li> <li>high stability even in active mode against strong resistance</li> <li>no additional fixation necessary to the dialysis chair or the hospital bed, fixation independent from bed or chair (cannot be retrofitted)</li> </ul>	•	incl. in the base price
	160	<ul> <li>Expandable chassis</li> <li>easy and quick positioning in front of the dialysis chair or hospital bed</li> <li>the chassis width can be adjusted with a lever</li> <li>suitable for all common chairs and bed models</li> <li>available only in combination with item no. 159 (cannot be retrofitted)</li> </ul>	•	•
4	162 163	Knee bending adjustment manually: by crank handle (see fig.) electrical: with remote control, can be used by the patient independently (not shown)	•	• included
		Both versions are:  to adjust the knee bending degree  to set the ideal position for the user  easily and quickly adjusted, even during leg positioning and operation (cannot be retrofitted)		
	166	<ul> <li>Extended pivot arm for operating panel</li> <li>recommended for patients who are able to operate the menu independently</li> <li>increases patient motivation and activity by providing continuous feedback during the training and data analysis at the end of the training (instead of the standard operating panel)</li> </ul>		•
	173 new	<ul> <li>Hydraulic height adjustment</li> <li>allows for comfortable and easy height adjustment of the unit, facilitates the use for the nursing staff</li> <li>hydraulic system with foot pedal sensible adjustment to the individual training situation</li> <li>(can be retrofitted as of serial no. V01LET2-01)</li> </ul>	•	incl. in the base price
	174 172 new	Automatic cable reel (letto2) Automatic cable reel (letto2_leg/arm)  • controlled rolling and winding up of the mains cable  • space-saving cable storage  • adjustable cable length, max. 5 m / 16.4 ft. (can be retrofitted as of serial no. V01LET2-01)	•	•

Ankle joint control with fix bar scale (pair)  • for a specific adjustable motion of the ankle joints (dorsal and plantar flexion)  • left and right leg options are independently and individually set  • prevention and treatment of edema  • recommended for prevention of talipes equinus (drop foot) and thrombosis  • intensive stimulation of the circulation through the calf muscle pump  (only available in combination with item no. 168)  Ankle joint control with expanders (pair)  • adjustment of ankle joint movement and range of motion by expanders see item no. 149 for detailed description  (only available in combination with item no. 168)		
• for a specific adjustable motion of the ankle joints (dorsal and plantar flexion) • left and right leg options are independently and individually set • prevention and treatment of edema • recommended for prevention of talipes equinus (drop foot) and thrombosis • intensive stimulation of the circulation through the calf muscle pump (only available in combination with item no. 168)  Ankle joint control with expanders (pair) • adjustment of ankle joint movement and range of motion by expanders see item no. 149 for detailed description (only available in combination with item no. 168)		
adjustment of ankle joint movement and range of motion by expanders see item no. 149 for detailed description (only available in combination with item no. 168)		
	- :	
<ul> <li>Fur shoes for wearing in the safety foot shells (pair)</li> <li>pleasant, fluffy and warm (washable)</li> <li>for a better hold and all-over protection of the feet</li> <li>to prevent decubitus</li> </ul>		
158 Plastic safety foot shells (pair) see page 8 for detailed description		
154 new Plastic coated calf shells for TrainCare leg guides (pair) - calf shell completely coated with soft plastic - for better cleaning and disinfection (only available in combination with item no. 168)		
506 Self-operating foot holders (pair) see page 7 for detailed description		
175 new  Elastic calf shell pads for TrainCare leg guides  • additional padding for leg guides  • avoids pressure marks (only available in combination with item no. 168)		

### **Special Models for Individual Applications**

MOTOmed Movement Therapy: passive | motor-assisted | active resistive

### MOTOmed viva 2 Parkinson item no. 232

leg trainer for active and passive training, passive speed up to 90 rpm

incl. safety foot shells, handlebar and chip card system

see page 4 for detailed description (functions similar to MOTOmed viva2)

#### Treating Parkinson's disease by help of the MOTOmed viva2\_Parkinson:

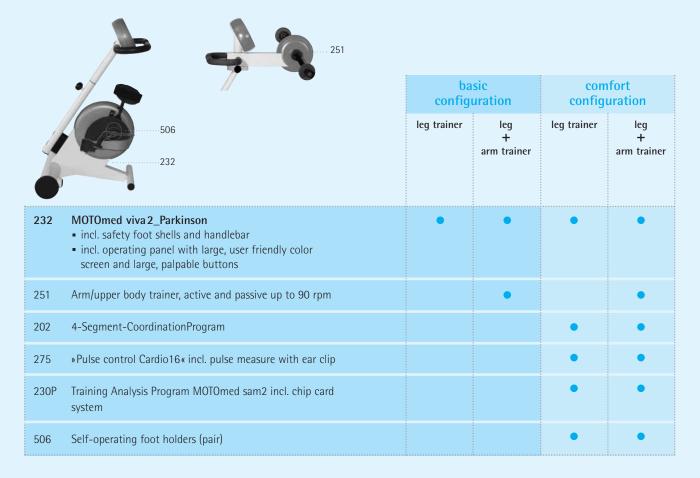
Pleasant movement that helps to loosen muscle stiffness (rigor), reduces tremors significantly and so can improve the physical mobility.

>> please contact us for further information!



please refer to MOTOmed viva2 for accessory options (see page 7-13 and 26-31)

#### Recommended accessories:





Hint: Contact us for further information about individual configurations according to your personal indication.

### **Special Models for Individual Applications**

MOTOmed Movement Therapy: passive | motor-assisted | active resistive

item no. 600

### MOTOmed viva2 duplex

leg and arm/upper body trainer

for active and passive training of legs and arms simultaneously

Incl. leg trainer with safety foot shells, horizontally adjustable and swiveling arm/upper body trainer, with pneumatic spring for easy height adjustment, two operating panels with large, user friendly color screens and »pulse control Cardio16« (incl. ear clip system, see picture)

see page 4 MOTOmed viva2 for detailed description

MOTOmed viva2\_duplex for regulating high blood pressure: Effective whole body workout, up to 80% of the body muscles are trained what therefore can help to reduce high blood pressure. >> please contact us for further information!

Accessories: see MOTOmed viva2 (page 7-13 and 26-31)



### MOTOmed stativ viva2

item no. 231

arm/upper body trainer for active and passive training of the arms

see MOTOmed viva2 for detailed description (page 4)

Accessories: see MOTOmed viva2 accessories for arm/upper body training (page 7-13 and 26-31)



#### MOTOmed stativ viva1 item no. 531

arm/upper body trainer

for active and passive training of the arms

see MOTOmed viva1 for detailed description (page 6)

Accessories: see MOTOmed viva1 accessories for arm/upper body training (page 10-12 and 28-31)



## **MOTOmed Special Accessories**

				MOT	TOm	ıed	
	item no.	description / features	viva 2	viva 1	racile 12	letto 2	etto <b>z</b> _1/a
Thereton and an analysis of the second points of th	230 new	Training Analysis Program MOTOmed sam2  The complete package (hard- and software) consists of:  1) Training Analysis Program MOTOmed »sam2 «  2) chip card reader in the operating panel (item no. 203)  3) 2 chip cards (item no. 204) for leg and arm/upper body training  4) chip card reader for your PC (item no. 205)  • increases motivation and fun  • precise and effective analysis via PC printout  • 11 different analysis options with up to 411 printout variations (e.g. analysis of a day or long term analysis)  • simple progress tracking and documentation  • data can be transferred to the computer  (system requirements: Windows 2000, XP, Vista, 7, USB slot for chip card reader, minimum screen resolution of 1024 x 768 pixel)			<u> </u>		
Coordination program phase 2 risks  1 point 2 modern  2 company of the point 2 modern  1 point 3 point 2 modern  3 point 3 point 3 point 3 modern  4 5 5 6	202	<ul> <li>4-Segment-CoordinationProgram: measurement, feedback, and training analysis on the MOTOmed screen</li> <li>upgrade to the SymmetryTraining of the leg and arm/upper body trainer</li> <li>for a targeted muscle strengthening, endurance, coordination and concentration training</li> <li>for a targeted multiple muscle therapy: one crank rotation is separated into 4 segments (4 movement directions): push / down / pull / up</li> </ul>			•		
pulse 78	275 276	Pulse control Cardio16 = automatic pulse monitoring and resistance level control  »Pulse control Cardio16«, ear clip included (cable connection to the operating panel)  »Pulse control Cardio16«, chest belt included (wireless connection, chest belt with sender and receiver inside the operating panel)  • controls resistance level, up and down, depending on the heart rate  • helps to avoid over-exercising  • safety stop function for an efficient and safe training			•		
R.B. and T. and	203	<ul> <li>Chip card reader in the operating panel</li> <li>integrated in operating panel</li> <li>to save training data to chip card</li> <li>can read individual training programs and MOTOmed control parameters from chip card</li> <li>(included in item no. 230, Training Analysis Program sam2)</li> </ul>			•		

	item no.	description / features	viva 2	Viva 1	racile 12 00	letto 2	etto 2_1/a
The second secon	204	<ul> <li>Chip card</li> <li>to save the data of multiple training sessions of one user</li> <li>therapy programs / a complete program package and individual device settings can be saved</li> <li>(included in item no. 230, Training Analysis Program sam2)</li> </ul>			0		
	214	Serial interface RS232 MOTOmed viva2  serial interface in the MOTOmed operating panel for connecting the Hasomed FES device » RehaStim « (item no. 219)					
	219	Functional electrical stimulator » RehaStim «, tray included  • 8 channels available  • muscle stimulation via 2-16 electrodes  • mainly used for paraplegic and stroke patients  • recommended for decubitus prevention, for strengthening and cardiovascular training, for circulation and metabolism improvement  (only available in combination with item no. 214)					
8 in.	<b>103</b> 103N	Safety foot shells adjustable in height (pair) Retrofit kit: safety foot shells adjustable in height (pair, incl. pedal crank)  • infinitely adjustable in height up to 8 cm / 3.2 in.  • to compensate different leg lengths  • left and right foot individually adjustable			•		
	<b>105</b> 105N	Safety foot shells, with rotation function (pair) Retrofit kit: safety foot shells, with rotation function (pair, incl. pedal crank)  • for outward rotation of the legs, each adjustable from -8° to 40°  • left and right foot options individually adjustable		•	•		
	<b>512</b> 512N	Safety foot shells adjustable in width (pair) Retrofit kit: safety foot shells adjustable in width (pair, incl. pedal crank) • for users with a broad hip structure • left and right foot option individually adjustable • distance between the inner rims of the foot shell adjustable from 20 to 32 cm / 7.9 to 12.6 in.	•				

## **MOTOmed Special Accessories**

				MO	TOn	ned	_
	item no.	description / features	viva 2	viva 1	gracile 12	letto 2	letto 2_I/a
	535	Counterweight (piece, incl. pedal crank) and quick release system (item no. 568)  • for smooth pedal rotation for patients with an amputated leg  • the weight can be individually adjusted (10 weights of 1 kg / 2.2 lb each)					•
	566	Foot shell quick release system (pair, incl. pedal crank) mountable by clip system, no tools required • quick change function for foot shells, no tools required (cannot be combined with item no. 158)		•			incl. in the base price
	568	Foot shell quick release system (pair, incl. pedal crank) mountable with an Allen key  quick change function for foot shells, counterweight or other accessories (e.g. arm fixations) (cannot be combined with item no. 158)			incl. in the base price		•
	366 new	Ouick release system for forearm shells or other hand grips (pair) mountable by clip system, no tools required  quick change function for forearm shells or other handles quick alternation between handles without tools (pair wise)		•			
	546 new	Padding for Velcro straps (pair)  avoids pressure marks additional padding for Velcros		•			•
516 517 520	516 517 520	User-friendly Velcro straps with hinge joint (pair) hinged Velcro straps for the ankle joint hinged Velcro straps for the calves hinged Velcro straps for the toe area All three versions are:  • made out of a special compact material which enables to retract the straps in order to ease the insertion and fixation of the feet		•		•	•

moromed Specia			va2	Na 1 MO	cile 12	tto 2	o2_I/a
	521	Elastic calf shell pads (pair) Elastic calf shell pads for pediatric leg guides (pair)  additional padding for leg guides with calf shells  prevents pressure marks			gra	<u> </u>	let let
	508	<ul> <li>Therapy chair</li> <li>for users who are not able to do movement therapy from a wheelchair</li> <li>two stable brakes ensure safe ground fixation</li> <li>height adjustment (from 54 to 66 cm / 21.3 to 26 in.)</li> <li>arm rests are adjustable in height and width</li> <li>capacity: maximum of 130 kg / 290 lb</li> </ul>		•	•		
	589	Anti-slip mat  • prevents the MOTOmed from sliding on slippery ground (e.g. tiles) or in the case of strong spasms		•	•		
	<b>591</b> 591N	Anti-slip cups (2 pieces) Retrofit kit: anti-slip cups (incl. small front leg)  • increase standing and slip-stability  • especially recommended on slippery ground (laminate, tiled, parquet, linoleum floor etc.)  • height adjustable (1.5 cm / 0.6 in.) to compensate uneven grounds		•	•		
	315	Display loupe (fixation for MOTOmed operating panel included)  up to 30% screen enlargement - individually adjustable  easily to install and remove by supplied fixation for operating panel			•		
	227	Display and button protection  covers the operating panel completely  prevent damage to the color screen  the *on/off* button is still accessible, all other buttons are completely protected					•

### **MOTOmed Special Accessories**

item no.	description / features	viva 2	viva 1	gracile 12	letto2	letto 2_1/a
590	Demonstration doll » Fred «  puts the shop window or the show room in » motion «  can sit in a wheelchair using the MOTOmed  demonstration of leg and arm training is possible		0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0		•	•
590K	Demonstration doll » Alena « (for children)			•	•	
215	<ul><li>Magnet switch</li><li>the MOTOmed can be turned off by a magnet switch on the operating panel</li></ul>		0	•	•	
216	Acoustic switch  • the MOTOmed can be turned off by clapping or an acoustic tone	•	0	•	•	
199	Mains cable  • for exchanging the standard available mains cable (spare cable)			•	•	

### **Retrofit Accessories**

Most accessories can also be retrofitted to the MOTOmed MovementTherapySystems. You can identify these accessories through the comment \*retrofit kit \*and an \*N \* at the end of the item no. (i.e. 250N).

You will receive a retrofit kit with accessories that require partially slight changes to the MOTOmed. You will receive comprehensive mounting instructions which will ensure an easy retrofit. Retrofitting must be carried out through authorized qualified personnel.

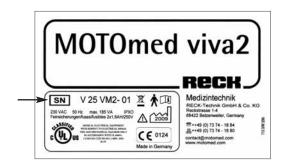
For further questions please do not hesitate to contact our service team at +49 7374 18-85.

Please always indicate the **serial number**and color of your MOTOmed with
your accessory order. 

N V 25 VM2- 01

MOTOmed

You can find the serial number on the **label fixed** to the large front tube.

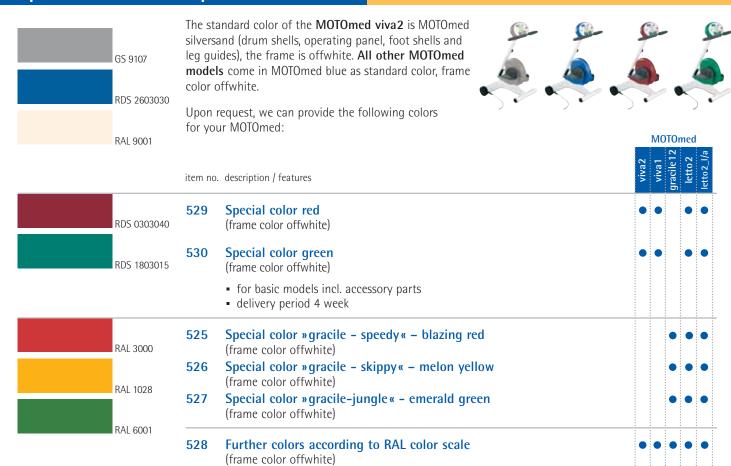


### **Experience and Expertise**

Since 1972 the Reck Company has been developing products in the field of movement therapy in collaboration with major university hospitals throughout the world. Since 1981 the motor driven and software controlled MOTOmed devices have successfully been applied, currently in more than 70 different countries worldwide. The over 50-year old family enterprise

RECK is the inventor of the passive, motor-assisted and active movement therapy. Innovation, high quality, creditability and safety, the typical » Made in Germany « characteristics, mark the MOTOmed and helped the RECK Company to become world market leader.

### **Special Editions - Special Colors**



### The Exclusive »wood« Edition

The exclusive MOTOmed » wood « edition is a special design developed by RECK. There are two different frame colors available.

		item no	. description / features	viva2	viva1	gracile 1	letto 2	letto 2_1/
			Elegant wood look, frame color offwhite					
	» wood «	240	• for leg trainer (drums and operating panel)	•				
	RAL 9001	241	<ul> <li>for leg and arm/upper body trainer (drums and operating panel)</li> </ul>	•				
1 1/1/2	A	Elegant wood look, frame color silver						
N F F W	» wood «	242	• for leg trainer (drums and operating panel)	•				
	RAL 9006	243	<ul> <li>for leg and arm/upper body trainer (drums and operating panel)</li> </ul>	•				



elegant wood look, frame color offwhite (item no. 240)



elegant wood look, frame color silver (item no. 242)



**MOTOmed** 

### The faces matching to the voices: The Export Customer Service Team at RECK

We will gladly be of assistance to you with the selection of the movement therapy systems suitable to the individual condition and needs. Please call us or send us an e-mail.



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