

# SAEHAN

SAEHAN Corporation  
Leader in Strength Measuring Technology



The SaeHan Digital Hand Dynamometer has been improved. Because measuring is knowing.

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## DIGI-FLEX®



The spring loaded buttons of the Digi-Flex® isolate each digit, so the strong fingers cannot compensate for the weaker ones. This results in a better, faster and easier to control rehab process. Digi-Flex® is available in 5 color coded units with gradual resistance. This gradual resistance helps the therapist measure progress. The ergonomic base adds comfort and stability. Comes with an instruction manual.



COLOUR	RESISTANCE	Reference	Unit
Yellow	0,7 kg - 2,3 kg	02-010102	1 pc
Red	1,4 kg - 4,5 kg	02-010103	1 pc
Green	2,3 kg - 7,3 kg	02-010104	1 pc
Blue	3,2 kg - 10,4 kg	02-010105	1 pc
Black	4,1 kg - 14,1 kg	02-010106	1 pc
Digi-Flex Set   5 Resistances   1 Display		02-010111	set
Digi-Flex Empty Display   Metal		02-010121	1 pc

## DIGI-EXTEND®



The Digi-Extend® is a unique therapy device that can isolate the extension of all five fingers and each of the individual finger joints. The product strengthens the intrinsic and extrinsic muscle groups to maximize extensor tendon gliding, joint motion, coordination and muscle function in the hand and forearm.

The Digi-Extend® focuses on the extensor mechanism of one or all fingers as it targets the area of the hand that needs rehabilitation. Patients can easily change the resistance levels and vary their hand positions for specific exercises to help maximize the exercise goals and prevent injury. The Digi-Extend® can also be used for finger adduction, abduction, blocking and flexion exercises. It is compact in design, high-tech, easy and comfortable to use as well as effective in helping patients reach their therapy goals. Four color coded band resistance levels allow each muscle or joint to work at a comfortable level and build as increased strength is achieved.



Reference	Description	Unit
02-010201	Digi-Extend	1 pc
02-010211	Digi-Extend Set   4 units   1 Display	set
02-010202	Digi-Extend Bands Set   25 pcs	set
02-010121	Digi-Extend Empty Display   Metal	1 pc

The MSD Squeeze Egg is ergonomically shaped to provide highly effective exercise for the rehabilitation and strengthening of weakened or injured fingers, hands and wrists. Because it is small and easy to use, you can exercise anywhere.

The MSD Squeeze Ball is a specially formulated exerciser, provided in a progressive sequence of 5 colors. It strengthens hands, fingers, forearms and will work the muscles separately or in tandem. The MSD Squeeze Ball can be used for rehab as well as for sports training or stress relief. Available colors/resistances: yellow, red, green, blue and black.



The MSD Squeeze Balls & Eggs can help to:

- rehabilitate post-operative/post-traumatic hands and arms
- restore function in hands, arms and shoulders following stroke
- reduce pain and stiffness in arthritic fingers, hands and wrists
- relax tense, sore muscles and reduce stress
- strengthen aging hands and arms



COLOUR	RESISTANCE	MSD SQUEEZE BALL	MSD SQUEEZE EGG
Yellow	Extra Soft	02-030102	02-030202
Red	Soft	02-030103	02-030203
Green	Medium	02-030104	02-030204
Blue	Firm	02-030105	02-030205
Black	Extra Firm	02-030106	02-030206



5-20 kg

The MSD Adjustable Hand Grip comes in two different versions. Whether it is the 5 to 20 kg light version (orange) or the 10 to 40 kg heavy version (grey), you can always adjust the required tension simply by turning the control knob.



10-40 kg

Reference	Description	Unit
02-070102	MSD Adjustable Hand Grip Light	1 pc
02-070104	MSD Adjustable Hand Grip Heavy	1 pc



The Mambo Max Foam Hand Grip assures a firm training grip. The foam handles provide a firm grip for the entire workout session. Take it with you to the office or just use it at home. Wherever you want to use it, the Mambo Foam Hand Grip assures a tight grasp.



Reference	Description	Unit
02-080101	Mambo Foam Hand Grip	1 pair



The #1 hand exercise web in the world!



Each Power-Web comes with a 39 exercises poster

The Power-Web® Combo features a unique advantage of two resistance levels in one, offering greater flexibility and value. It is identical in size and weight to the Power-Web® Senior with the same high quality construction and materials.

COLOUR / RESISTANCE		POWER-WEB COMBO
Tan/Ultra Light	Red/Medium	02-020101
Yellow/Light	Green/Heavy	02-020102
Red/Medium	Blue/Super Heavy	02-020103
Green/Heavy	Black/Ultra Heavy	02-020104



**Power-Web® Senior**  
The Power-Web® Senior is 36cm in diameter and weighs 450gr. Its unique patented design allows a variety of exercises to be performed comfortably and effectively. Constructed of high quality rubber with special agents added for durability and strength, the Power-Web® will last for years.

**Power-Web® Junior**  
The Power-Web® Junior is 18cm in diameter and weighs 225gr. Just half the size of the Power-Web® Senior, it has all the same features as the larger product and delivers many of the same benefits when used in a hand and wrist exercise program.

COLOUR	RESISTANCE	POWER-WEB SENIOR	POWER-WEB JUNIOR
Tan	Ultra Light	02-020201	n/a
Yellow	Light	02-020202	02-020302
Red	Medium	02-020203	02-020303
Green	Heavy	02-020204	02-020304
Blue	Super Heavy	02-020205	n/a
Black	Ultra Heavy	02-020206	n/a



The creators of the best-selling Power-Web®, are proud to present their newest product – the Power-Web® Flex-Grip®. The Power-Web® Flex-Grip® is a unique exerciser that fits in your palm and provides the ability to work dexterity, extension and strengthening in your hands, fingers, and thumbs. Available in 3 different resistances, the Power-Web® Flex-Grip® has finger and thumb holes and has two sides – one side featuring a ball to squeeze and the other featuring buttons and a thumb pad to exercise fingers separately and increase dexterity and strength in your fingers and thumb. Latex free and easy to use!



COLOUR	RESISTANCE	POWER-WEB FLEX-GRIP
Yellow	Light	02-021102
Red	Medium	02-021103
Green	Heavy	02-021104

PROHANDS® SERIES

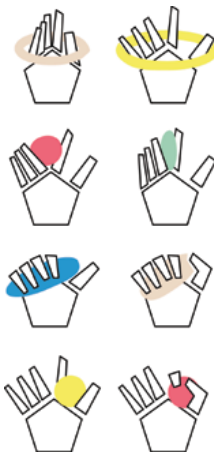


VIA™ is the entry level hand exerciser designed with young athletes in mind. It has a round, soft look, wider finger pistons for smoother function & improved finger performance, and is available in two tensions.

The unique Prohands hand exercisers are the only hand exercisers that challenge each finger individually for improved strength, speed, dexterity and overall hand health & wellness. GRIPMASTER™, the signature model, enjoys worldwide brand awareness and is used by all levels of athletes. The patented Gripmaster is available in four tensions.

PRO™ expands on the ingenious design of Gripmaster providing serious athletes with the most advanced hand exerciser in the world. The PRO™ features a larger profile, superior steel springs that resist wear, an integrated ergonomic palm bar for comfort, and is available in three tensions.

VIA	RESISTANCE	COLOUR	RESISTANCE	GRIPMASTER	PRO	Unit
02-060102	Light	Yellow	Extra Light	02-060201	n/a	1 pc
02-060103	Medium	Blue	Light	02-060202	n/a	1 pc
n/a	n/a	Red	Medium	02-060203	02-060303	1 pc
n/a	n/a	Black	Heavy	02-060204	02-060304	1 pc
n/a	n/a	Grey	Extra Heavy	n/a	02-060305	1 pc



The Theraflex Putty™ strengthens weakened grasp through exercise and is used for rehabilitative exercise or stress relief. It is odorless, does not stain and will not leave any residue on patient's hands. Theraflex Putty™ is non-toxic, greaseless, hypo-allergenic and latex-free. The Theraflex Putty™ is available in 5 colors/resistances and comes prepacked.

Theraflex Putty™ now has an added anti-microbial component.



COLOUR	RESISTANCE	THERAFLEX PUTTY			
		85gr	110gr	170gr	450gr
Tan	Extra Soft	02-040101	02-040201	02-040301	02-040401
Yellow	Soft	02-040102	02-040202	02-040302	02-040402
Red	Medium	02-040103	02-040203	02-040303	02-040403
Green	Firm	02-040104	02-040204	02-040304	02-040404
Blue	Extra Firm	02-040105	02-040205	02-040305	02-040405



HANDMASTER PLUS™



The Handmaster Plus™ strengthens the 9 muscles that close the hand as well as the 9 muscles that open the hand. The result is maximum strength, balance and blood flow to the hand, wrist and elbow.

Soft - Purple Ball / Yellow Cord (early rehab)  
 Medium - Red Ball / Black Cord (late rehab)  
 Firm - Orange Ball / Gray Cord (strength, speed training)



Reference	Description	Unit
02-050102	Handmaster Plus Soft   purple ball - yellow cord	1 pc
02-050103	Handmaster Plus Medium   red ball - black cord	1 pc
02-050104	Handmaster Plus Firm   orange ball - grey cord	1 pc