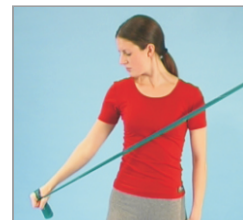
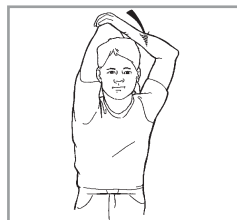
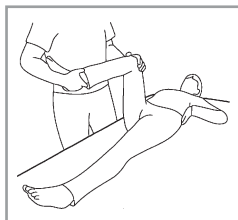
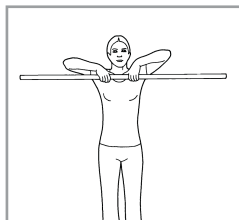


Software to produce personalised exercise and information handouts

With PhysioTools you can create high quality personalised exercise and information handouts. Select from the world's largest professional exercise library and print in multiple languages.



Purchase Price

see price list for details

Printout Languages

English, Finnish, Swedish, Norwegian, Danish, German, French, Spanish, Dutch, Italian, Portuguese, Slovenian, Estonian, Farsi, Czech, Polish, Greek, Afrikaans, Japanese, Arabic

NOTE: Not all languages are available with every module

Technical Requirements

Windows 2000, XP
32-bit: Vista, Windows 7,
Server 2003/2008

Online Service:
Internet Explorer 6 or later,
Broadband internet access

Contact Information

www.physiotools.com
info@physiotools.com

The Physiotherapy Professional Collection is a cost effective way to use a pre-selected range of PhysioTools modules. This collection enables professionals to choose exercises from modules with physiotherapy specific content.

- ◆ **save up to 69% on purchasing modules individually**
- ◆ **contains 15 modules with over 3,800 exercises**
- ◆ **networking included**
- ◆ **install from CD or use the Online Service which enables you to use the program from any computer with internet access**

The collection can be used with individual modules or combined with other professional collections

Benefits

- ✓ exercises have descriptive instructions and clear images displayed as line drawings, colour illustrations, photographs and videos
- ✓ edit exercises and instructions or add your own
- ✓ customise handouts with your contact details, logo, client's name and personalised instructions
- ✓ create templates of favourite exercises for specific routines, conditions and injuries

Online Service benefits

- ✓ use from any computer with internet access - no installation required
- ✓ print or email handouts for clients to view high quality videos
- ✓ new advanced search enables you to find exercises easily
- ✓ add keywords to enhance your search
- ✓ add modules to your favourites list for quick and easy reference
- ✓ format text and use the built-in picture editor

Please see reverse for a complete list of modules included in the Physiotherapy Professional Collection.

To order or request a FREE demo

Please contact your local reseller

Work with the Best

PhysioTools is the global market leader
in exercise prescription software

Physiotherapy Professional Collection

General Exercises 2nd Edition (PT1)

A solid base for all users. Mobilising, stabilising, strengthening, stretching, cardiovascular and balance exercises for the whole body plus advice notes on sitting, walking and resting positions. (1244 items) with *line drawings, photos and videos*

Hydrotherapy (PT2)

Buoyancy assisted, supported and resisted exercises for all parts of the body. (126 items)

Thera-Band® System of Progressive Resistance™ by The Hygenic Corporation (PX3)

Strengthening exercises for the whole body using Thera-Band®. (78 items)

Thera-Band® Exercises 1 (PR1)

Thera-Band® products are used as tools for rehabilitating and restoring muscle and joint functions and for improving conditioning balance and building strength. (255 items)

MediHelp Musculoskeletal System by The Centre for Orthopaedic Manual Therapy (PX13)

Musculo-skeletal diagnosis clearly explained e.g. tennis elbow, frozen shoulder. Information about the condition, its symptoms, tests, treatment, self-care and prognosis. (62 items) with *colour illustrations*

Stretching by Christopher Norris (PX14)

Stretching exercises for the trunk, upper and lower limb plus training advice on stretching, warm-up, breathing and massage. (124 items) with *video clips*

The Knee by Jenny McConnell (PX16)

Advice notes, taping instructions, stretching exercises and training for gluteus medius and quads. Developed for professionals working with chronic knee pain e.g. sports injuries and osteoarthritis. (75 items)

Contracture Prevention by Leif Birath (PX25)

Assisted movements (exercises) to maintain and gain mobility for upper and lower extremities. (67 items)

Hand and Upper Extremity by Lee Ann Higginbotham (PX26)

AROM, PROM and strengthening exercises for hand and upper extremities. Patient education including carpal tunnel syndrome, sensation, scar massage, splint instructions, arthritis, tennis elbow and joint protection. (174 items)

Sports and Exercise Injuries by Torsten Larsson and Bertil Nordström (PX37)

Information describing the relevant anatomy (shoulder, hand, hip, knee and foot), injuries as well as mechanisms of injury, tests and surgical procedures, specific conditions and advice notes. (122 items, 40 pdf posters) with *colour illustrations*

Back Care by Jean Oliver (BH1)

Explains how the spine functions, advice on lying, sitting, standing, lifting and activities. Neck and back exercises (152 items)

Taping Techniques (Principles and Practice) by Rose Macdonald (BH2)

Techniques on how to apply tape, bandage, padding and slings for the shoulder, elbow, wrist, hand, fingers, thumb, knee, patella, ankle, foot and toes. (97 items, 26 author protocols)

Saunders Exercises Xpress - Basic Exercises by H. Duane Saunders (XP1)

H Duane Saunders personal selection of exercises includes mobilising, stabilising, strengthening and stretching exercises for the whole body. (947 items)

Posture, Body Mechanics & Ergonomics for the Spine & Upper Extremities by H Duane Saunders (XP2)

Information on the spine and extremities, anatomical structure, posture/work habits, ergonomics, lifting and handling. (159 items)

Therapeutic Ball Exercises by Joanne Posner-Mayer (XP3)

Mobilising, stretching, strengthening, stabilising, cardiovascular exercises for the spine, lower and upper extremities plus training advice. (168 items)