



**Ref.: OP1197D (right) / OP1197I (left)**



**ARTICULATED DYNAMIC ANKLE-FOOT ORTHOSES**

**Characteristics:**

- Dynamic orthoses made of flexible thermoplastic, comprising:
- An internal part that surrounds the tibial and fibular malleoli and which comes into contact with the entire plantar surface.
  - An external part with monocentric joints and the possibility to adjust the dorsiflexion limit. It is positioned along the rear, extending from the middle third of the leg to the proximal edge of the metatarsal heads. A closure system with velcro at the midfoot ensuring an adequate fitting. Some adhesive velcro pieces are included. These can be placed in the heel area between the two parts to avoid movement between the foot and the orthoses, favouring a comfortable and firm fitting.
  - It is very light, stops plantar flexion, realigns the entire foot and has a support for the internal longitudinal arch that facilitates the development of fundamental movement patterns for a more natural gait. To ensure greater comfort, pads for the toes and the dorsal midfoot are included.

**Indications:**

- Stops plantar flexion, preventing the foot from dragging on the ground during the swing phase.
- Controlled dorsiflexion.
- Stabilisation of the foot which improves all the phases of the gait cycle.
- Support in the internal longitudinal arch.
- Optimisation of the capacity to execute voluntary movements of postural balance and gait.

**Colour:**

- White.

SIZES	FOOT MEASUREMENT CM
1	12,4
2	13,2
3	14
4	15
5	16
6	17,5
7	19
8	21

It is recommended to choose a size that leaves approximately 1cm of space between the end of the orthoses and the foot.